Church opening hours 7am to 7pm

24th Sunday of the Year Year A 17 September 2017

ANGER AND RESENTMENT – ALWAYS THERE?

Our first reading begins with these words *"resentment and anger, these are foul things, and both are found with the sinner. He who exacts vengeance will experience the vengeance of the Lord"* To live in a world permeated with evil is enough to make you angry. Those we love can arouse deep anger within us as they purposely or unknowingly hurt us. People unleash enormous wickedness and suffering on the world at large, and suddenly we find ourselves sucked into these evil tendencies. How should the Christian respond? Is it legitimate to become angry, either over our own pain or the suffering inflicted on others?

Anger is our God-given capacity to respond to a wrong we think is important. It always expresses two things:

- It identifies something in our world that *matters* to us.
- It proclaims that we believe that something is *wrong* and something ought to be done about it. But how?

God also gets angry at things that are wrong in the world he created. Our capacity to be angry is an expression of being made in His image. So when you get angry, you are not necessarily wrong. But often anger does go wrong and in that sense, anger is a very helpful warning light in life. We shouldn't be paranoid or unduly sensitive about anger. Everyone has a capacity for it. Most of us have very normal (even healthy) moments of anger when we witness cruelty, injustice, betrayal and other transgressions of people. God created our emotions. Anger certainly has a righteous role.

But burning or prolonged anger is a warning light that something is out of balance in life. Anger is closely tied to feeling threatened. A sense of threat, real or imagined, usually arises out of a perception of oppression, humiliation, injustice, physical danger or just a sense of control over our environment and circumstances.

Guilt can also trigger anger. For example, if we know or feel that we've violated the law (biblical, moral, or civic), What makes us angry? These maybe small things, like traffic jams, long queues, not being able to find a parking space, a shoe, the naughtiness of our children, a waiter's mistake, or a friend's inattention, betrayal by a friend, experiences of injustice, meanness, violence, oppression, selfishness, lying and the list goes on.

How do you deal with your anger? Do you explode? Does everyone around you know when and why you are angry? Or are you more subtle? Do you get irritated with those around you? Do you gossip and complain about your spouse, children, co-workers, and friends? Or maybe you just turn your anger in on yourself and become depressed and bitter. So we noticed that we can't avoid dealing with your anger because anger is an inevitable response to living in a troubled world where things can and do go wrong all the time. But if you don't learn how to deal with your anger, you will constantly hurt others. You will poison your own heart. You will estrange yourself from God. God cares about what makes you angry, and God cares about how you express anger.

Think of what would happen if everyone learned to deal with their anger! Child abuse and divorce would be eradicated. Murder, terrorism, and war would stop. And many health problems would clear up. Doctors believe that anger can harm the heart as much as smoking and high blood pressure do. The number one predictor in cardiovascular disease—more important than cholesterol—is mismanaged anger. Besides high blood pressure and heart disease, anger can result in many other serious health problems. Anger brings to bear on us many other health issues such as headaches, insomnia, loss of appetite, and much more.

God's anger is always holy and pure because what He says is wrong *is* wrong, and what He says matters, *does* matter. God is rightly displeased when people are harmed and hurt by others. Romans 13:10 tells us, "Love does no wrong to a neighbour" while Romans 12:17 says, "Repay no one evil for evil." Two wrongs never make a right, and our anger often simply doubles the wrong. But God's anger makes right what is wrong (Romans 12:19).

One difference between our anger and God's anger is that, since we aren't always holy and pure, we often get angry at things that aren't true wrongs ... or at things that don't really matter to anyone but us. For example saying an angry word in responds to a poor service or curse when you are stuck in traffic, are not things that *really* matter in God's world. God explains to us in the Bible why we get angry at things that don't really matter to anyone but us. The apostle Paul uses the phrase "desire of the flesh" (Galatians 5:16) to describe where our wrong anger comes from. You and I get angry because of what we desire (what we expect, want, and believe we need) to happen in a certain situation or relationship.

Think about the last time you got angry. Underneath your feelings, words, and actions is *something you wanted but didn't get*. Respect, affirmation, power, convenience, cooperation, help, money, comfort, intimacy, peace, pleasure, identity, safety. What is it that we want? And how do we respond when you don't get it/them? Anger going wrong loudly tells the world, "I want my way! My will be done!"

(To be Continued...) Fr George Ngwa

Pope bruised in minor popemobile accident

Pope Francis suffered bruises on his face when he stumbled into a bar on the popemobile as it lurched through a crowd in Cartagena, Colombia, on Sunday, September 10. The Pope was cut over his left eye and sported a very visible bruise under it, but was not seriously hurt and continued with his scheduled appearances. "I was punched," he joked, explaining his battered appearance.

Mass Intentions

There are no Mass intentions for our parish. Please offer and apply the benefits of the sacrifice of the Holy

BLESSINGS BESTOWED FROM ON HIGH: HEADS OF STATE RECEIVE PRAYERS FROM PAPAL PLANE

Pope Francis doesn't just fly over a country, he sends his prayers and blessings in the process. On his September 6, 2017 flight from Rome to Bogota, he flew over several countries, in each instance sending a greeting to its head of state. He sent a personalized text to each leader, asking God's blessings upon the people of the nation in a simple message of peace and prosperity. And his blessings fell evenly on leaders of all political persuasions, from American President Donald Trump to Venezuelan President Nicolas Maduro

SAINT OF THE WEEK: ST. PIO (PADRE PIO) OF PIETRELCINA

Padre Pio was born May 25, 1887 in Pietrelcina, Italy, He was baptized the next day, in the nearby Castle Church, with the name of his brother, Francesco, who died in early infancy. Friends have described the family as "the God-is-everything-people" because they attended Daily Mass, prayed the Rosary nightly and fasted three days a week from meat in honour of Our Lady of Mt. Carmel. From his early childhood, it was evident that Padre Pio had a deep piety. When he was five years old, he solemnly consecrated himself to Jesus. He liked to sing hymns, play church and preferred to be by himself where he could read and pray. As an adult, Padre Pio commented that in his younger years he had conversed with Jesus, the Madonna, his guardian angel, and had suffered attacks by the devil.

He took the Habit of the Order of Friars Minor Capuchin on January 22, 1903. On the day of his investiture, he took the name of Pio in honour of Saint Pius V, the patron saint of Pietrelcina. In January 22, 1904, he made his First Profession of the Evangelical Counsels of Poverty, Chastity, and Obedience and final vows in 1907. Then on August 10, 1910, Fra Pio was ordained a priest by Archbishop Paolo Schinosi at the Cathedral of Benevento. Four days later, he celebrated his first Mass at the parish church of Our Lady of the Angels. Within a month of his ordination, (September 7, 1910), as Padre Pio was praying in the Piana Romana, Jesus and Mary appeared to him and gave him the wounds of Christ, the Stigmata. For Padre Pio's doctors, the wounds created much confusion. He asked Jesus to take away "the annoyance," adding, "I do want to suffer, even to die of suffering, but all in secret." The wounds went away and the supernatural life of Padre Pio remained a secret...for a while. A few weeks later, on September 20, 1918, Padre Pio was praying in the choir loft in the Church of Our Lady of Grace, when the same Being who appeared to him on August 5, appeared again. It was the wounded Christ. When the ecstasy ended, Padre Pio had received the Visible Stigmata, the five wounds of Christ, which would stay with him for his remaining 50 years.

In the mid-1960s, Padre Pio's health began to deteriorate, but he continued to say Daily Mass and hear fifty confessions a day. By July of 1968, he was almost bedridden. On the fiftieth anniversary of the stigmata (September 20, 1968), Padre Pio celebrated Mass, attended the public recitation of the Rosary and Benediction. On the next day, he was too tired to say Mass or hear confessions. On September 22, he managed to say Mass and the attendees had to struggle to hear him. Just after midnight, in the early morning hours of September 23, Padre Pio called his superior and asked to make his confession. He then renewed his vows of poverty, chastity, and obedience. At 2:30am, Padre Pio died in his cell. As he foretold, Padre Pio lived sick but died healthy, with the stigmata healed.

On September 26, 1968, over a hundred thousand people gathered at San Giovanni Rotondo to pay their respects to this holy man. He was buried in the crypt prepared for him in the Church of Our Lady of Grace.

HOT news- From the First Sunday of Advent 2017 the Bishops of England and Wales, with the approval of the Holy See, have decided to reinstate two Holydays of Obligation. The Epiphany and Ascension day. Only if the Epiphany is on a Saturday or Monday will it be transferred to the Sunday.

Parish Council

The next Parish Council meeting will NOT be held on 24 September but will be rearranged.

24th Sunday of the Year Year A 17 September 2017

Sunday	17	Sept	24 th Sunday of the year	6 pm Vigil Mass -	Coffee & tea in
				10 am Holy Mass - <i>Clive Legg</i>	hall after Mass
				RIP	
Monday	18	Sept	Ordinary time		
Tuesday	19	Sept	St Theodore of Canterbury	10 am Funeral Mass –	7 pm Tap classes
			or Ordinary time	Luzbella Delmo	
				6 pm Exposition, 6.30 Rosary	
				6.50 Benediction	
				7 pm Holy Mass -	
Wednesday	20	Sept	St Andrew Kim Taegon, St	9 am Exposition, 9.30 Rosary	
			Paul Chong Hasang &	9.50 Benediction	
			Companions	10 am Holy Mass -	
Thursday	21	Sept	S Matthew	9 am Exposition, 9.30 Rosary	Rosary intention
				9.50 Benediction	for peace in the
				10 am Holy Mass -	world
Friday	22	Sept	Ordinary time	6 pm Exposition, 6.30 Rosary	
				6.50 Benediction	
				7 pm Holy Mass -	
Saturday	23	Sept	Padre Pio of Pietrelcina	9.30 Divine Mercy chaplet	Confessions after
				veneration of the relic of Sr	morning Mass &
				Faustina	before Vigil Mass
				10 am Holy Mass -	
				6 pm Vigil Mass - Elza	
Sunday	24	Sept	25 th Sunday of the Year	10 am Holy Mass -	Coffee & tea in
					hall after Mass

Prayer to St Michael, said at the end of Masses. St Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen

Collections 2/3 Sep					
loose	£314.51				
envelopes	£194.00				
Catholic education	£194.14				
Thank you for your continuing					
support of this parish.					

	Sat 16 Sept	Sun 17 Sept	Sat 23 Sept	Sun 24 Sept
Reader	B Coyne	M Tanner	A Nash	C Barrett
	T Gearey	J Thomas	P Thorpe	P Caffyn
EMHC	R or M Yon	M Tanner	T Gearey	P Clarke
	C d'Espagnac	A Joseph	B Dempster	S Salinger
	M Harwood	J Nichols	K Dempster	A Caneda

17/18 September Collection for Cathedral

CAFOD Harvest Fast day Friday 6th October

For enquiries about **Baptisms** please contact the office for form, Copies of Baptism certificate £5. For **funerals** please discuss dates first with the funeral directors & meet the parish priest with a date. Enquiries about **weddings** please email the office with your details.

