

OUR LADY OF LOURDES CHURCH In NEW MILTON

Catholic Diocese of Portsmouth

15 Mount Ave, New Milton. BH25 6NT.

Parish priest: *Father George Ngwa*

Church opening hours 7am to 7pm



25th Sunday of the Year Year A 24 September 2017

ANGER - HOW DO WE DEAL WITH IT? (Last Part)

Unless we learn how to deal or handle anger, we will constantly hurt others and ourselves. We must admit that we cannot avoid dealing with our anger because it is an inevitable response to living in a troubled world where things can and do go wrong all the time. But if we don't learn how to deal with our anger, we will constantly hurt others, poison our own hearts, estrange ourselves from God, who cares about what makes us angry and how we do express our anger. Anger can be controlled if we analyze it as to its source, recognize and confess it as sin, and deal decisively with it.

The starting Point – Understanding what it is.

Some people tell us to deal with our anger by, "Get it off your chest. Say exactly what you think. Give them a piece of your mind." Others get Psychotherapy, medication, exercise, and meditation as ways of defusing anger and calming down. Actually, God has a different way for us to deal with our anger. He knows well that stuffing your anger deep inside is destructive. And just learning tricks for keeping calm never discovers the purpose for which God designed anger. Anger needs to be acknowledged and expressed in a positive way, as a form of doing what is good and right.

At the same time, God knows well that venting our anger is destructive. Instead of expressing our anger in ways that hurt those around you, it is possible to express our anger in a way that actually redeems difficult situations and relationships. How does this happen? It starts with understanding what anger is, where it comes from, and how a right relationship with God will actually change the way we view and express our anger.

Getting angry about things that don't matter

God's anger is always holy and pure because what He says is wrong *is* wrong, and what He says matters, *does* matter. Romans 13:10 tells us, "Love does no wrong to a neighbour" while Romans 12:17 says, "Repay no one evil for evil." Two wrongs never make a right, and our anger often simply doubles the wrong. But God's anger makes right what is wrong (Romans 12:19). One difference between our anger and God's anger is that, since we aren't always holy and pure, we often get angry at things that aren't true wrongs ... or at things that don't really matter to anyone but us. Anger going wrong loudly tells the world, "I want my way! My will be done!"

Know that only God's will is the best at any time.

Sometimes you want good things. When you want anything, even a good thing more than God, you will get angry when you don't get it or it's taken away from you. Always say God thy will be done not mine

Responding to a true wrong in the wrong way

Sometimes we are right to be angry because we are experiencing a true wrong. Then the problem is not the fact of getting angry, but how we express that anger. Anger has been given to us by God as the way to say, "That's not right and that matters." In our broken world, we will have many good reasons to be angry. But, because we are part of the broken world, we should not express our anger at true wrongs in the wrong way.

Taking God's place? Let God handle that.

At times when we get angry, we take God's place and judge others and perhaps even judge God? Whether we are angry about something trivial or something serious, our wrong reaction reveals that we are living as if we are in charge of the world and believe we have the right to judge the people around us and the way God is running the world. St. James says that "There is only one lawgiver and judge, he who is able to save and to destroy. But who are you to judge your neighbour?" (James 4:12). God alone has the right to pass final judgment. When we get angry, we are like insisting "My will be done; my kingdom come". Anger is pride and merciless. Anger sees, punishes, and gets rid of all offenders. God's mercy brings life to us. If we struggle with bitterness, if we grumble, if we yell and argue, then we need God's mercy.

God's anger is redemptive. How does God respond when something important in His world is wrong? He responds redemptively. Our anger can also result in redemption. We can learn to say, "That's wrong," without exaggerating what happened or calling someone names or cursing or hating the person. He/she is a good person except for his/her acts.

Be holy as God is Holy. Being filled with the Spirit means that everything about us will start to resemble God. Instead of responding with sinful anger to unimportant things, we will start to see our life from God's perspective. We will begin to care about things that truly matter, instead of reacting to relatively unimportant things. Becoming like God also means that when we see a true wrong, we will learn to respond the way God does. When God sees a true wrong He responds constructively.

God is patient. Patience literally means slow to anger as God is described in the Old Testament as "slow to anger" (Exodus 34:6). Learning to be "slow to anger" means realizing that we live in God's world, not our own, and though wrong needs to be addressed, our call from God is to persevere in addressing it constructively, patiently, and kindly.

God is merciful. Mercy is a way of looking at something that is wrong and saying, "I'm going to tackle that to make it better." The mercy of God is a constructive displeasure. God could respond with wrath, but instead He sets about making right what is wrong.

God is forgiving. God's forgiveness doesn't make what was wrong okay. He names what is wrong and deals with the wrong. Instead of insisting on justice right now, forgiveness acknowledges the wrong and lets it go. Loving someone who's done wrong is the way to overcome that wrong.

God confronts in love. There is a place for a right kind of anger, an anger whose purpose is love. Godly anger constructively engages what is wrong in a way that is patient, merciful, forgiving, and honest in tackling what needs tackling. Our sinful anger causes hurt, destruction, and alienation. Godly anger becomes an instrument in God's hands to make this bad world better.

IN CONCLUSION: - We can control your sinful anger.

Paul's simple command to put aside our anger implies that we can control it. He just says Col. 3:8, "Put them all aside: anger, wrath, malice, slander, and abusive speech from your mouth."

First, the Bible never commands us to do what we cannot do. Second, our experiences proves that you can control your anger if you want to do so.

Recognize and confess your sinful anger and submit to God's sovereign hand in the situation. Memorize key Scriptures that relate to anger. James 1:19-20 says, "But everyone must be quick to hear, slow to speak and slow to anger; for the anger of man does not achieve the righteousness of God." Spend time daily meditating on God's mercy to you at the cross. Paul goes on to say Col. 3: 12 -13, "So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience; bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so also should you." ***Remember to pray for and with those you're angry with.***

In the Sermon on the Mount, after speaking about how anger makes us guilty of murder in God's sight, deserving of hell, Jesus applied it by saying Mt. 5:23-24, "Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you, leave your offering there before the altar, and go; first be reconciled to your brother, and then come and present your offering."

CELEBRATE THE SOLEMNITY OF THE MOST SACRED HEART OF JESUS & THE IMMACULATE HEART OF MARY 8TH & 9TH JUNE 2018" IN THE HOLY LAND

Pilgrimage to Israel and Jordan 1-10th June 2018

Our Lady of Lourdes, New Milton in conjunction with St Vitus Cathedral in Rijeka, Croatia, have arranged this 10 day programme led by Fr George Ngwa Parish Priest, Our Lady of Lourdes and Monsignor Matija Maticic, Rector of St Vitus Cathedral. The cost of the pilgrimage will be circa £1,750 based on current exchange rates (both countries quote rates in US\$). Included are 4* hotels on a half board basis, flights, relevant entry fees for places of worship, air conditioned coach throughout the journey and local guides in both countries. Exit fees for Israel and Jordan are not included.

To book a place, or for further information, please contact Our Lady of Lourdes Parish Office on 01425 614968, Email: lolnewmilton@portsmouthdiocese.org.uk or Katherine Dempster, Safeguarding rep on 01425 611643. Email: katherine.dempster@BTinternet.com

Certificate in Parish Mission and Ministry

This engaging one-year, distance-learning Maryvale Certificate is for anyone involved in parish life: helpers, administrators, parents. It offers a theological foundation to understanding the parish and its mission in the world, and a practical formation for the ministry to families, to the vulnerable sick and elderly, and to the youth. The certificate is made up of 6 modules and will begin on the 28th October. For more information please see the poster on the diocesan website. Financial help is available from the Living our Faith Fund to cover the cost of the certificate. If interested, **e-mail** Sr Hyacinthe:

Mass Intentions

There are very few Mass intentions for our parish. Please offer and apply the benefits of the sacrifice of the Holy Mass to yourself

40 Days for Life

As many of you will know, 2017 marks 50 years since abortion was made legal in the UK, which has seen the devastating loss of 9.0 million unborn human lives. For 50 years this unjust destruction of human life has been taking place on our doorsteps and is being funded by our taxes.

In the year 2007, an international organisation called **40 Days for Life** was formed to help bring about an end to abortion through the methods of prayer, sacrifice and street witness. Due to their campaigns, it is estimated that in the past 10 years, 13,305 unborn children have been spared from the evil of abortion alongside the closure of many abortion facilities throughout the world. And so this year, a 40 Days for Life campaign will be running in Portsmouth from 27th September until 5th of November – and you are cordially invited to support this battle for life work with your prayers and to get involved.

Bishop announces 8-point plan for the diocese

In the Pastoral Letter this weekend (24th September), I will be announcing an eight-point plan for the Diocese, a vision statement of my hopes and aspirations for the next decade. I have been discussing this vision with various groups and diocesan officers over the last year, as well as with the clergy at the Convocation of Clergy during the summer. It is a vision that builds on all that has gone before but which lays out lines and trajectories of development for the future. The immediate task will be for everyone, clergy and laity, and for groups, communities, parishes and schools, ESTs and Framework Teams to receive and reflect upon this vision. Each in their own work and in their own field, will then be invited to develop strategies that seek by God's grace to implement the vision in their own contexts.

St. Jerome's Cat

St. Jerome in his study kept a great big cat, it's always in his pictures, with its feet upon the mat. Did he give it milk to drink, in a little dish? When it came to Friday's, did he give it fish? If I lost my little cat, I'd be sad without it; I should ask St. Jerome what to do about it. I should ask St. Jerome, just because of that, for he's the only saint I know who kept a kitty cat.

25th Sunday of the Year Year A 24 September 2017

Sunday	24	Sept	25 th Sunday of the year	6 pm Vigil Mass - Elza 10 am Holy Mass – Tom Merryfield	Coffee & tea in hall after Mass
Monday	25	Sept	Ordinary time		
Tuesday	26	Sept	Ss Cosmas & Damien	6 pm Exposition, 6.30 Rosary 6.50 Benediction 7 pm Holy Mass -	7 pm Tap classes
Wednesday	27	Sept	St Vincent de Paul	9 am Exposition, 9.30 Rosary 9.50 Benediction 10 am Holy Mass -	
Thursday	28	Sept	St Wenceslaus or St Laurence Rulz & companions	9 am Exposition, 9.30 Rosary 9.50 Benediction 10 am Holy Mass -	Rosary intention for peace in the world
Friday	29	Sept	Holy Archangels, Michael, Gabriel & Raphael	9 am Exposition, 9.30 Rosary 9.50 Benediction 10 am Holy Mass -	
Saturday	30	Sept	St Jerome	9.30 Divine Mercy chaplet veneration of the relic of Sr Faustina 10 am Holy Mass - 6 pm Vigil Mass – Roy Fittsell RIP & the Munn family	Confessions after morning Mass & before Vigil Mass
Sunday	1	October	26 th Sunday of the Year	10 am Holy Mass – Missa Pro Populo	Coffee & tea in hall after Mass

Prayer to St Michael, said at the end of Masses. St Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen

Collections 17/18 Sept	
loose	£306.91
envelopes	£215.00
collections	£232.05
Thank you for your continuing support of this parish.	

	Sat 23 Sept	Sun 24 Sept	Sat 30 Sept	Sun 1 Oct
Reader	A Nash	C Barrett	B Dempster	H Fawcett
	P Thorpe	P Caffyn	M Newland	C Fradd
EMHC	T Gearey	P Clarke	R or M Yon	J Kurian
	B Dempster	S Salinger	F Fallon	M Tanner
	K Dempster	A Caneda	J Thomas	A Joseph

CAFOD Harvest Fast day Friday 6th October

For enquiries about **Baptisms** please contact the office for form, Copies of Baptism certificate £5. For **funerals** please discuss dates first with the funeral directors & meet the parish priest with a date. Enquiries about **weddings** please email the office with your details.

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Parish office: 01425 614968

lolnewmilton@portsmouthdiocese.org.uk

Secretary: Johanna Thomas Wed/ Fri 10.45-12.00.

Our Parish Live streaming: <http://churchservices.tv/newmilton>

Website: www.nfwfwp.org.uk

Safeguarding: Katherine Dempster 01425 611643

Hall Booking via parish Office

