OUR LADY OF LOURDES CHURCH IN NEW MILTON

Catholic Diocese of Portsmouth

15 Mount Ave, New Milton. BH25 6NT.

Parish priest: Father George Ngwa Church opening hours 7.00am-7.00pm



TENTH SUNDAY IN ORDINARY TIME Year B 10th June 2018 JEALOUSY A CANKER-WORM FOR CHRISTIANS

In our Gospel reading today Jesus is being greeted by many followers wherever he went. His teaching and the miracle es that accompany the doctrine of the Kingdom of God is wholeheartedly accepted by crowds of people. Prompted by *jealousy* some Jews attributed the miracles of Jesus as a work of the devil. Jealousy is one of the hardest emotions to control in our everyday lives. The Bible says "For jealousy makes a man furious, and he will not spare when he takes revenge" (<u>Proverbs 6:34</u>). So how do we put an end to this?

Jealousy can involve any combination of things. We may be jealous of someone's social/economic status; another country's prosperity; someone's abilities, family or loved ones, possessions, expensive new gadget, fame, money, cars, ideas, girlfriend/boyfriend, wife/husband, child/children anatomic features, intelligence, recognition, entire life—anything! With so many possible ways to become jealous, how can we overcome this? The truth is: It's not easy.

Why is jealousy spiritually dangerous?

The spiritual danger in jealousy is clearly evident in the pages of the Bible. The 10th Commandment, "You shall not covet," includes the concept of jealousy. Jealousy can be a form of covetousness. Hebrews 13:5 states "Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, 'I will never leave you nor forsake you."

This verse brings up other dangers related to covetousness: discontent and lack of thankfulness. When we turn to Him, God is our provider and He gives us what we need. Jealousy in essence says, "What God has given me is not enough!"

There is nothing wrong with asking God for things we need and want in prayer, but we should ask with the firm belief that God knows exactly what we need and want and will provide for us according to His will. Jealousy can turn life into a competition about who has the best, is the best, and can show off the most. This attitude pleases the god of this world (Satan), not the true God.

The apostle Paul wrote in 1 Timothy 6:8, "And having food and clothing, with these we shall be content". Jealousy continually whispers to us, "God's gifts are not good enough. You need/deserve/should have whatever you want in this life."

Being content with having our needs met in this life can go a long way in reminding us that this life is temporary and that the Kingdom of God is coming. Therefore, jealousy hinders the fruits of faithfulness and goodness.

Jealousy - An Ancient Emotion

Jealousy is probably one of the world's oldest emotions. It's been around since the beginning of time. Look at Cain and Abel. Now there's a prime example of jealousy run amok.

What causes jealousy? Why does it start and how do we overcome jealousy?

Unmet expectations. Many times we place unrealistic expectations on ourselves and the people around us. Often times we feel things should come easier and faster to us. Then if things don't happen when we think they should, we inevitably run into someone who already has what we want. All of a sudden, we feel this surge of ugly, green emotion called jealousy.

A sense of entitlement. For some reason, we have this ingrained attitude that we are entitled to things. Kids leaving the nest for the first time believe their own standard of living should be the same as their parents. They don't consider that their parents have worked for years and years. Many times people with financial problems feel "entitled" to buy things on credit, even though they know it's a bad idea. Having the nicest car and the newest toys seem more important than getting out of debt.

Insecurity. It is so easy to look at other people and wish we had what they have. And so many times it doesn't stop there. We start berating ourselves for not having what they have. Then we begin to believe negative junk ourselves. The next thing we know, we've developed insecurities in our relationships.

So what can we do about jealousy as a cure?

Here's some good news! There are a few things we can do to stop the jealousy ball from rolling right over us.

Stop comparing yourself to other people. You were created as a very unique and special person. God had a plan for you long before you took your first breath. Relish that thought. Love the fact that you're special. What God has in mind for you isn't the same as for someone else. So you don't have to feel bad that you don't have all the qualities, features, money, or anything else that someone else has. Your journey is just that — **yours**.

Stop worrying about *you* **all the time.** Find a way to be a blessing to someone else. When you change your focus away from yourself, all of a sudden your self-image improves. You get to experience the feeling of satisfaction that only comes when you're a blessing to someone else. Your priorities start changing, and one day you realize that the things that used to make you so jealous and so nuts, don't bother you so much anymore.

Stop wanting what other people have if you're not willing to go through what they did to get it. When you see a person who is physically fit and looks positively great, it's easy to feel *really* jealous. But are you willing to work out every day? Are you willing to eat healthy

and look for ways to be healthy? If you're not, then there really is no reason to feel jealous, is there?

Start focusing on all that's positive in your life. God has given you so many wonderful gifts that many other people don't have. Focus on using those gifts to help someone else. Since your mind can only consciously think about one thing at a time, doesn't it make sense to make sure that "one thing" is positive and is moving you toward the really great things in life?

Breaking free from jealousy starts with your thoughts. When you change the way you think, you change the way you feel and act. The easiest way to change your focus is to begin by helping others. It will definitely be time well spent. Or better yet, *thoughts* well spent

Father George Ngwa

LADIES BIBLE STUDY GROUP

We are an Ecumenical Group, meeting weekly in each other's homes and are looking for new members. If you would like to find out more, please phone Jill Parsons on 01425 291 961

INVITATION From THE CATENIANS OF THE NEW FOREST

In this parish, Gerry Parsons has been a Catenian for many years. He would be delighted to chat to you about our Association. We are having our annual celebration Mass at 12 midday at St Anne's, Brockenhurst, followed by a lunch at 13.00 at St Saviours Hall, Brockenhurst on Saturday, 30th June. If you have any interest in the Association we would love you to come and meet us and our guests from the 10 other parishes in our area. A buffet lunch and soft drinks will be provided. If you would like to join us, please let Nick Coghlan know on 01425 673906, by 22 June.

Bishop Philip invites you to celebrate your wedding anniversary with him

Are you celebrating a 25th, 30th, 40th, 50th, 60th or any anniversary over 60 years this year? If so I would like to invite you to join me at a special celebration Mass. This will take place at St Bede's Church in Basingstoke on Saturday 30th June 2018.

It is a wonderful occasion to celebrate and witness to Marriage. If you would like to come, please visit the anniversaries **website** for more information and to register.

O God, Creator of all things, who in the beginning made man and woman that they might form the marriage bond, bless and strengthen the union of your servants, that they may show forth an ever more perfect image of the union of Christ with his Church.

Through our Lord Jesus your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen

"A Phoenix Rises" a new book by Avon Stour parishioner

On the new feast of Our Lady Mother of the Church 21st of May 2018 a book was published by Claire Riche, a parishioner from the Avon Stour Pastoral Area. It is hoped it will restore devotion at a shrine in Cornwall which could be the oldest in England, the Dowry of Mary. The title of the book is "A Phoenix Rises: Our Lady of Cornwall Returns." It is available in paperback from Amazon and the e-book will be downloadable in due course.

A Gift to CAFOD In your Will is a wonderful way to share your faith, hope and love with future generations. Find out about CAFOD free will writing services for supporters by picking up a leaflet at the back of the Church or calling 02070 955 367.

TENTH SUNDAY IN ORDINARY TIME Year B 10th June 2018

Sunday	10	June	10 th Sunday in Ordinary Time	18.00 Vigil Mass – Joseph Matthew (RIP) 10.00 Holy Mass – Ian Russell (RIP)	Coffee & Tea in Hall after Mass
Monday	11	June			
Tuesday	12	June	10 th Week in Ordinary Time	18.00 Exposition, 18.30 Rosary, 18.50 Benediction 19.00 Holy Mass – Joseph & Lissa Kurian (Wedding Anniversary)	
Wednesday	13	June	St. Anthony Of Padua	18.00 Exposition, 18.30 Rosary, 18.50 Benediction 19.00 Holy — <i>Brigid Horan (RIP)</i>	No Morning Confession
Thursday	14	June	10 th Week in Ordinary Time	09.00 Exposition, 09.30 Rosary 09.50 Benediction 10.00 Holy Mass – <i>Mary Griffiths (RIP)</i>	
Friday	15	June	10 th Week in Ordinary Time	09.00 Exposition, 09.30 Rosary 09.50 Benediction 10.00 Holy Mass – Thomas Sheehan (sick)	
Saturday	16	June	Our Lady of Saturday	09.30 Divine Mercy Devotion 10.00 Holy Mass – 18.00 Vigil Mass of 11 th Sunday in Ordinary Time-	17.30 Confession
Sunday	17	June	11 th Sunday in Ordinary Time	10.00 Holy Mass – Patrick Sheehan (sick)	Coffee & Tea in Hall after Mass

IMPORTANT: MASS OFFERINGS/intentions If you would like a Mass said for your intention then please take one of the envelopes on the shelf by the Confessional and fill in your details, add an offering and pop it into the general collection at one of the weekend masses. The next available day will be booked in the diary. If you wish a specific date, please give plenty of time and phone the office during opening times or call in to check the date is available. Thank you. Suggested minimum offering £10.

Collections 9/10 th June						
loose	£412.19					
envelopes	£152.00					
Thank you for your continued support						

	Sat. 9 June	Sun. 10 June	Sat. 16 June	Sun. 17 June
Reader	M.Newland	C.Barrett	C.d'Espagnac	C.Fradd
	M.Hobbs	C.Barrett	K.Dempster	C.Fradd
EMHC	C.d'Espagnac	J.Nichols	K.Dempster	A.Caneda
		M.Buckland	T.Gearey	Joseph \kurian
	M.Harwood	S.Salinger	B.Dempster	M.Tanner

Parish priest: Father George Ngwa

email: gngwa@portsmouthdiocese.org.uk emergency mobile: 07475753040

Parish office: 01425 614968 Hall Booking via Parish Office

ololnewmilton@portsmouthdiocese.org.uk

Secretary: Lizzie Davies Wed & Fri 10.00h-14.00h

Our Parish Live streaming: http://churchservices.tv/newmilton

Website: www.nfwp.org.uk

Safeguarding: Katherine Dempster Tel: 01425 611643 email: katherine.dempster@btinternet.com

Prayer to St Michael, said at the end of Masses. St Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen