

CORPUS CHRISTI OF YEAR "C" 23RD JUNE 2019

The Eucharist seen as, Covenant, Nourishment and Priesthood of Jesus.

The Feast of Corpus Christi is the name given for the celebration of this day when we do homage to the Body and Blood of our Lord Jesus Christ in a very Unique and out – standing day as prescribed by the Church. It is in a nutshell a feast celebrating the Holy Eucharist. The Eucharist is also called Communion, the Lord's Supper, or the Mass. The Feast of Corpus Christi, or the Feast of the Body and Blood of Christ (as it is often called today), goes back to the 13th century, but it celebrates something far older: the institution of the Sacrament of Holy Communion at the Last Supper. The Eucharist is "the source and summit of the Christian life." The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself.

Taking part in the Mass, Sunday after Sunday, is essential nourishment on life's journey. But Sunday Mass is different. Though we are all individuals, at Mass we gather as a Christian community. In the Old Testament, we read from the prophet Ezekiel, 'You shall be my people and I will be your God.' (Ezekiel 36: 28) In the New Testament Jesus taught us how to pray with the words 'Our Father' (Matthew 6:9), not 'My Father'. Though Jesus went off to pray by himself he also went to the synagogue on the Sabbath. So while our faith is personal, it also has a communal dimension. Therefore while we can pray well on our own, it is important that we also gather and pray as a community. That is what we do at our Sunday Mass. The Mass is a celebration of the love and mercy of God for each one of us. It puts before us the standard of Catholic living, which comes from Jesus.

The Mass is not seen as an optional extra, but essential nourishment for our journey through life. The unity of life and the Eucharist is best symbolized as, 'I am the vine and you are the branches ... cut off from me you can do nothing!' (John 6:5)

The solemnity of Corpus Christi, is three feasts in one: (1) The feast of the Eucharistic sacrifice, (2) The feast of the Sacrament of the Eucharist and (3) The feast of the Real Presence of Jesus in this Sacrament. "The Catholic Church teaches that in the Eucharist, the Body and Blood of the God-man are really, truly, substantially, and abidingly present together with his soul and divinity by reason of the Transubstantiation of the bread and wine into the Body and Blood of Christ. This takes place in the unbloody sacrifice of the Mass."

Corpus Christi is a doctrinal feast established for three purposes:

- To give God collective thanks for Christ's abiding presence with us in the Eucharist and to honour Him there;
- > To instruct the people in the Mystery, Faith and devotion surrounding the Eucharist, and
- To teach us to appreciate and make use of the great gift of the Holy Eucharist, both as a Sacrament and as a sacrifice.

In the three-year cycle of the Sunday liturgy, there is a different theme each year for this *Feast of the* **Body and Blood of Christ.** In <u>Cycle A</u> the theme is the Eucharist as our food and drink; in <u>Cycle B</u> the emphasis is on the Eucharist as the sign of the covenant; and in <u>Cycle C</u> the theme focuses on the priesthood of Jesus.

Euchristic Adoration:

The Catechism of the Catholic Church tells us that, "Adoration is the first attitude of man acknowledging that he is a creature before his Creator. It exalts the greatness of the Lord who made us and the almighty power of the Saviour who sets us free from evil. Adoration is homage of the spirit to the "King of Glory," respectful silence in the presence of the "ever greater" God. Adoration of the thrice-holy and sovereign God of love blends with humility and gives assurance to our supplications." (CCC 2628)

We can show our adoration to God in many ways, but in Eucharistic Adoration, we spend time adoring the true presence of Christ in the Eucharist. Many ask - What should I do sitting there in front of the Blessed sacrament. In the words of St. Pope Pius X - Devotion to the Eucharist is the noblest of devotions, because it has God as its object. It is the most profitable for salvation, because it gives us the Author of Grace. It is the sweetest, because the Lord is Sweetness Itself - one may sometimes still not know where to start.

Here, then, are a few suggestions. Use the ones that work (Pray as you can, and not as you can't)

1. Slowly read Sacred Scripture until something	27. Ask Him if that is perhaps what he wants you
hits you. Then listen.	to "do" more often.
2. Say the Holy Rosary.	28. Tell Him your failures. Ask for help. Then
3. If you can't say 15 decades, say five decades.	listen.
4. If you can't say five decades, say one decade	29. Slowly recite the Beatitudes.
(something Pope Benedict XVI has mentioned).	30. Say one Our Father slowly.
5. If you can't say one decade, say one Hail Mary	31. Say the Creed slowly.
very slowly.	32. Slowly recite a favourite psalm. Perhaps Psalm
6. If you can't say one Hail Mary, say "Holy	50 (51), the Miserere, one or two lines at a time.
Mary", like a little child saying "Momma".	33. Pray for a great love of the Cross.
7. Pray as you can, not as you can't.	34. See Our Lord in His Passionstand there, with
8. Look at the Good God, and let Him look at you.	Him, as Our Lady does.
9. Consider that the Sacred Body of Jesus came	35. Lean into the hurricane of graces coming from
from Holy Mary. Thank her.	the monstrance.
10. Tell Jesus something that made you happy.	36. Consider the blinding Uncreated Light shining
Then listen.	out from Him.
11. Tell Him what you are afraid of. Then listen.	37. Be aware that He is sending out graces to the
12. Tell Him what angers you. Then listen.	world right then through you.
13. Speak about your loved ones.	38. Pray the 'Jesus Prayer': Lord Jesus Christ, son
14. Pray for an enemy.	of God, have mercy on me, a sinner.
15. Talk with Him about work.	39. Pray Jesus, mercy and listen. Pray Mercy,
16. Pray to St. Joseph for a happy death.	Jesus and listen.
17. Pray for the Holy Souls in Purgatory.	40. Tell Him: Jesus, I trust in Youstrengthen my
18. Sing a song for Him in your heart.	trust.
19. Promise to trust Him.	41. Ask Him: Lord, what do you want me to do?
20. See the Blessed Virgin kneeling next to you,	And how do you want me to do it?
adoring her Son and praying with you.	42. Ask Him to show you the next step.
21. Realize that your Holy Guardian Angel is with	43. Talk to Him heart to Heart.
you. Ask him to coach you in holiness.	44. Pray for the Holy Father.
22. Renew your loyalty to His Church.	45. Pray for vocations.
23. Ask your patron saint to pray for you to know	46. Look at yourself. Count your gifts. Then thank
and do God's Will.	Him.
24. Lean on Him. Tell Him you love Him.	47. Pray for the world.

Fr. George Ngwa

ANNOUNCEMENTS

This Sunday the feast of the Body and blood of Lord Jesus Christ, All the Special Ministers of Holy Communion will renew their Commitment to this ministry during the 10:00 a.m. Holy Mass.

ORDINATION OF DEACON LAWRENCE – All our thoughts and prayers are with Fr Lawrence Bryce on his Ordination to the Priesthood on Saturday.

CATENIAN CELEBRATION Saturday 29th June - The New Forest Catenians invite parishioners at Our Lady of Lourdes to a Social Evening on Saturday 29th June, starting at 7.15pm, after evening Mass. The event is to celebrate the appointment of Gerry Parsons, of New Milton parish, to be the President of the Catenians New Forest circle for the coming year. There will be a buffet and drinks. All are welcome and to help with catering, please call Gerry on 01425 291961 if you intend to come.

LIVING ROSARY GROUP – Please note that our next Meeting of the Living Rosary Group is on Monday 1st July at 5.45 p.m.

FIRE DRILL - We are intending to hold a Fire Drill at the end of Mass some time before the end of June. The Assembly Point is at the Grotto in the front garden. If you need the use of a ramp, please use the entrance via the Sacristy, otherwise please use the Main entrance to the front garden. We apologise for any inconvenience that this might cause but we are very aware of our Health & Safety obligations and the safety of all our parishioners is paramount. Many thanks! – Lizzie.

PARISH OFFICE HOLIDAY CLOSURE – I shall be away from the Parish Office on holiday on Wednesday 26th and Friday 28th June. In case of any pressing matters, please contact Fr. George direct. See you when I get back from Norway! Lizzie

GOLDEN JUBILEE – FR. VERVENNE – 2nd July 2019 Our Lady of Lourdes Church Hall

I know many of you will remember Fr Vervenne when he was the Parish priest at Our Lady of Lourdes. His Jubilee will be on the 27th June 2019. After his own personal celebrations, **he would like to remember this very special date with parishioners who were at Our Lady of Lourdes when he was Parish priest**. All being well (health wise) he will celebrate a Mass at 11:30 a.m. with us prior to the Lunch. The idea is to have a small **sit-down** lunch on Tuesday 2nd July starting at 12.00 noon with a choice of two meals (one vegetarian). Therefore numbers will be limited. If you would like to attend and, in order for us to cater for the event, it is **VERY IMPORTANT** to give your name and telephone number to **me** or **Fr George** before the cut-off date **29th JUNE**. (Lizzie will be away for a week from 23rd June).

My email is <u>katherine.dempster@btinternet.com</u> Telephone 01425 611643, Mobile 07887 747493 God bless Katherine Dempster

THE CATHOLIC DISABILITY FELLOWSHIP are holding their **Annual Mass** on Sunday 14th July 2019 at 3.00 p.m. in The Church of the Immaculate Conception at Liphook. Address 108 Headley Road, Liphook, GU30 7PT.

CATHOLIC FIRST HOLY COMMUNION & CELEBRATION. Many thanks to the Teachers who prepared the children for their First Communion and their parents who assisted them. We pray that the parents will continue to encourage their children in the practice of their Catholic faith.

		C	ORPUS CHRISTI Y	EAR "C" – 23RD JUNE 2019		
Saturday Vigil	22	June	Vigil Mass of CORPUS CHRISTI	<u>18.00</u> VIGIL MASS of CORPUS CHRISTI - Celebration for the joyful Ordination of Fr. Laurence Bryce	Coffee & Tea	
Sunday	23	June	CORPUS CHRISTI	10.00 Holy Mass – Celebration for the joyful Ordination of Fr. Laurence Bryce Eucharistic Adoration & Corpus Christi Procession at 3.00 p.m.	in the Hall after Mass	
Monday	24	June	THE NATIVITY OF ST. JOHN THE BAPTIST			
Tuesday	25	June	Tuesday of 12 th Week in Ordinary Time	18.00 Exposition, 18.30 Rosary, 18.50 Benediction 19:00 Holy Mass - <i>Mary & Jack Loftus RIP</i>		
Wednesday	26	June	Wednesday of 12 th Week in Ordinary Time	09.00 Exposition, 09.30 Rosary, 09.50 Benediction, 10.00 Holy Mass – <i>The</i> <i>Cole Family</i>	Confession after Mass	
Thursday	27	June	St. Cyril of Alexandria	09.00 Exposition, 09.30 Rosary, 09.50 Benediction, 10.00 Holy Mass – Raphael Sheriff RIP		
Friday	28	June	THE MOST SACRED HEART OF JESUS	09.00 Exposition, 09.30 Rosary, 09.50 Benediction, 10.00 Holy Mass – Sandra & Alan Ferrier – Health & Healing	Confession after Mass	
Saturday	29	June	The Immaculate Heart of Mary	09.30 Divine Mercy Devotion 10.00 Holy Mass – <i>Kathleen Harradence RIP</i>		
Saturday vigil Mass			Vigil Mass of Ss Peter & Paul	18.00 - Vigil Mass of SS. Peter & Paul – Fr. Laurence Bryce's Ordination	Confession 5.30 pm	
Sunday	30	June	Ss PETER & PAUL	10.00 Holy Mass. – Kathleen Harradence RIP	Coffee & Tea in the Hall after Mass	

IMPORTANT – MASS OFFERINGS/INTENTIONS. If you would like Holy Mass said for your Intention(s), then please take one of the envelopes on the shelf by the Confessional and fill in your details, add an offering and place it into the general collection at one of the weekend Masses. The next available day will be booked in the diary. If you wish a specific date, please give plenty of notice and phone the office during opening times or call in to check the date is available. Thank You!

			Sat. 22 June	Sun. 23 June	Sat. 29 June	Sun. 30 June
Collections 15 & 16 June			KD (D.C. ff		<u> </u>
Loose	£413.42	Reader	K.Dempster	P.Caffyn	M.Newland	C.Barrett
envelopes	£213.00		B.Dempster	P.Caffyn	J. Marriott	C.Barrett
		EMHC	C.d'Espagnac	M.Tanner	B.Dempster	Joseph Kurian
Thank you for your continued support			F.Fallon	Joseph Kurian	K. Dempster	Akhil Joseph
			T.Gearey	A.Caneda	M.Newland	S.Salinger

2nd Collection on Sunday 30th June – Holy See – Peter's Pence

Parish priest: Father George Ngwa email: gngwa@portsmouthdiocese.org.uk emergency mobile: 07475753040 Parish office: 01425 614968 Hall Booking via Parish Office ololnewmilton@portsmouthdiocese.org.uk Secretary: Lizzie Davies – On holiday 26th & 28th June Our Parish Live streaming: <u>http://churchservices.tv/newmilton</u> Website: www.nfwp.org.uk

Safeguarding Minister: Tony Harwood Tel: 01425 511 952 or email hughharwood314@hotmail.co.uk

Prayer to St Michael, said at the end of Masses. St Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls. Amen