



**St. Theresa of the Child Jesus Church. Totton  
Our Lady of the Assumption & St. Edward the  
Confessor Church. Lyndhurst**

(Roman Catholic Diocese of Portsmouth) Reg Charity No: 246871,  
Parish Priest: Fr. Gerry Onyejuluwa, MSP. Serving the Parishes of Totton & Lyndhurst  
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Rev. Stephen Short. Parish Deacon.  
Totton Parish Safeguarding Rep: Mrs. Lynda Szymanski 02380292058.  
Lyndhurst Parish Safeguarding Rep: Adrian Forest. 02380283427.  
Parish Secretary/Administrator Steve Bowler (Thursday 9 – 1pm)



**1<sup>st</sup> Sunday of Lent –Psalter week 1. Year A**

Sat. 29<sup>th</sup> Feb. Mass. St. Theresa's 6.00.pm.  
**Hilda Card RIP**  
Sun. 1<sup>st</sup> Mar. Mass. Our Lady's 9.00.am.  
**Louis and Patrick Sharpe RIP**  
Sun. 1<sup>st</sup> Mar. Mass. St. Theresa's 10.30.am.  
**Zuzanna Jelikho RIP**  
Mon. 2<sup>nd</sup> Mar. Mass. St. Theresa's 9.30.am.  
**Fr. Columba Ibe RIP**  
Tue. 3<sup>rd</sup> Mar. Mass St. Theresa's 9.30.am.  
  
Wed. 4<sup>th</sup> Mar. Stations of the Cross. St. Theresa's. 9.00.am.  
Wed. 4<sup>th</sup> Mar. Mass. St. Theresa's 9.30.am.  
  
Thu 5<sup>th</sup> Mar. Stations of the Cross. Our Lady's. 9.30.am.  
Thu. 5<sup>th</sup> Mar. Mass. Our Lady's 10.00am.  
  
Fri. 6<sup>th</sup> Mar. No Mass.  
**Lenten Fast Day**  
**Optional collection next weekend for CAFOD**

**2<sup>nd</sup> Sunday of Lent –Psalter week 2. Year A**

Sat. 7<sup>th</sup> Mar. Mass. St. Theresa's 6.00.pm.  
Sun. 8<sup>th</sup> Mar. Mass. Our Lady's 9.00.am.  
Sun. 8<sup>th</sup> Mar. Mass. St. Theresa's 10.30.am.  
Mon. 9<sup>th</sup> Mar. Mass. St. Theresa's 9.30.am.  
Tue. 10<sup>th</sup> Mar. Mass St. Theresa's 9.30.am.  
  
Wed. 11<sup>th</sup> Mar. Stations of the Cross. St. Theresa's.9.00.am  
Wed. 11<sup>th</sup> Mar. Mass. St. Theresa's 9.30.am.  
  
Thu 12<sup>th</sup> Mar. Stations of the Cross. Our Lady's. 9.30am.  
Thu. 12<sup>th</sup> Mar. Mass. Our Lady's 10.00am.  
  
Fri. 13<sup>th</sup> Mar. No Mass.  
  
**Optional collection for CAFOD**

**+Please pray for the following members of our community who are ill or housebound:** Bella Calder, Claire Sorrell, Tony Wright, John Tobin, Christopher Brown, Peggy Crooke, Greg Borkowski, Jay Dosanjh, John Vidal, Clara Nolan, Eve Barry, Ray & Mary Templeman, Chris Phelan, Miss Fahim, Alaric Rosman and Mary Taylor. For all those in nursing homes or hospital and other Parish Family members who are ill or need our prayers.

**Pope Francis' Intentions Mar 2020**  
**Catholics in China**

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

**Pope's Tweets:** Lent is a time of grace, a time for recognizing that our lowly ashes are loved by God and for letting God gaze upon us with love, and in this way change our lives. We were put in this world to go from ashes to life.

**World Day of Prayer Friday 6<sup>th</sup> March**  
**Churches Together Lyndhurst.**

The World Day of Prayer is on the Friday 6th of March at 7.30pm at the Baptist Church. Marie Smith is organising our participation. Please see Marie with offers of help.

**World Day of Prayer - St Theresa's 6<sup>th</sup> March**

Praying with Zimbabwe 10.30am with refreshments in the hall following the service.

**Stations of the Cross**

During Lent there will be Stations of the Cross at 9.00am before Mass on Wednesdays at St Theresa's and at 9.30am on Thursdays at Our Lady's.

**Monday morning Tea and Coffee**

Tea and coffee will be available after Mass at St Theresa's on Mondays at 10.00am in the hall, everyone is welcome.

**CAFOD Lent family fast day Friday 6<sup>th</sup> March** This Lent CAFOD's family fast day is an opportunity to reach out to some of the poorest, most marginalised of our sisters and brothers. Please consider eating a simple meal and put what you save in the CAFOD collection envelope. Through CAFOD's global Church family your support can help those living in poverty overseas so many thanks for your donation. Over the years, generous donations have helped millions of people and this Lent our [poster](#) and [short talk](#) features the work of local health experts, like Sister Consilia from Zimbabwe. When Sister Consilia was a girl, she and her sister caught malaria. They had no choice but to walk four hours - through pouring rain and across a flooded river - to receive treatment. Determined that other girls wouldn't have to make the same treacherous journey, Sister Consilia trained as a pharmacist. She now works at a local health centre dispensing medicine and advising new mums and families.

**Our Seminarian to keep in your prayers this month:**

**Ambrose Chou:** Near the end of my second year at university I was walking past the local university Church I decided to pop in; a decision I would soon realise was a turning point in my life. There happened to be Adoration on and as I was kneeling in front of the Blessed Sacrament and praying (for the first time in ages), I felt an overwhelming sense of utter love. It was as though someone was lifting me up and embracing me, the real me with all my brokenness. I looked around because it felt like someone was giving me a hug. But no one was there, just a lady kneeling at the front. I suddenly realised it was God, and that I was loved by many people. But it was not like any other love I had felt before, it was a pure love. God's love. Near the end of university, I decided to apply for the priesthood, where I went to a discernment weekend, and a few weeks later I was accepted and went to Spain for a propaedeutic year... but I still don't speak very much Spanish!

Now I am at St Mary's Seminary, Oscott in my second year and preparing to receive the ministry of Lectorate near the end of March. I ask you to join me this month in my prayer intention - for all those who are discerning their vocation."

To find out more about vocations contact Fr. John Cooke at: [vocations@portsmouthdiocese.org.uk](mailto:vocations@portsmouthdiocese.org.uk) or call 01329 318 869

**Hygiene guidelines**

Ensure everyone maintains good hygiene especially at Mass and parish gatherings. The best way of protecting us from spread is for everyone to use universal good hygiene, which will effectively disrupt the spread of the virus. We should be doing this all the time for 'flu but don't.

Ask anyone with cold or flu symptoms to refrain from taking Holy Communion from the Chalice and receive the Host on the hand only. (We should be doing this anyway, every 'flu season.)

Ensure Ministers of the Eucharist sanitise their hands before and after distributing Communion. (We should be doing this anyway as a matter of course.) This can be done by washing hands discreetly before proceeding to the sanctuary - or using good quality hand gel discreetly.

**Ideas for Lent**

Bishop Philip writes...During the season of Lent, the Church invites us by God's grace to undertake three works that, we pray, will lead to our spiritual renewal, preparing us to celebrate Easter: works of (1) prayer; (2) fasting, mortification and self-denial; and (3) almsgiving and charity. What we do is of course our personal choice, as an offering to the Lord, but sometimes people struggle to think what might be best. Yet, when I ask people, I'm often impressed with their generosity and ideas. So, over the next weeks of Lent, I'd like to invite you to send in anything you are doing so that others too might consider them: something modest and easily do-able. We'll add to the list below as the weeks go on, thus building up a resource for future years.

- 1. Works of (daily) prayer:** attending Mass; saying part of the Rosary; making the Stations of the Cross; prayerfully reading the Gospel of the day; reading a daily meditation (online or from a book); reading a spiritual book (lives of the saints, prayer, aspect of faith); saying Morning Prayer or another part of the Divine Office.
- 2. Works of fasting:** giving up tea, coffee, chocolate or alcohol; giving up a favourite biscuit, fruit, food or sugar in a drink; not snacking between meals; fasting on Fridays; cutting back using the computer, social media or watching TV.
- 3. Works of charity:** assisting a parish charitable activity; visiting someone who is sick or elderly; volunteering when an appeal is made; saving money from a work of fasting and donating it to a good charitable cause; supporting CAFOD and Caritas; a work of 'advocacy' campaigning for a just cause (e.g. writing to an MP); random acts of kindness at school, work or in the home; giving up idle conversation.