



**St. Theresa of the Child Jesus Church. Totton  
Our Lady of the Assumption & St. Edward the  
Confessor Church. Lyndhurst**



(Roman Catholic Diocese of Portsmouth) Reg Charity No: 246871,  
Parish Priest: Fr. Gerry Onyejuluwa, MSP. Serving the Parishes of Totton & Lyndhurst  
Parish Office: 20 Beaumont Road, Totton SO40 3AL, Hants.  
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Rev. Stephen Short. Parish Deacon.  
Totton Parish Safeguarding Rep: Mrs. Lynda Szymanski 02380292058.  
Lyndhurst Parish Safeguarding Rep: Adrian Forest. 02380283427.  
Parish Secretary/Administrator Steve Bowler (Thursday 9 – 1pm)

**3<sup>rd</sup> Sunday of Lent –Psalter week 3. Year A**

Sat. 14<sup>th</sup> Mar. Mass. St. Theresa's 6.00.pm.  
**Marian & Renata RIP**  
Sun. 15<sup>th</sup> Mar. Mass. Our Lady's 9.00.am.  
Sun. 15<sup>th</sup> Mar. Mass. St. Theresa's 10.30.am.  
**Oliver Umeh RIP**  
Mon. 16<sup>th</sup> Mar. Mass. St. Theresa's 9.30.am.  
**Theresa Onyejuluwa RIP**  
Tue. 17<sup>th</sup> Mar. Mass St. Theresa's 9.30.am.  
**St Patrick Zuzzana Jelikho RIP**  
Wed. 18<sup>th</sup> Mar. Stations of the Cross. St. Theresa's.9.00.am  
Wed. 18<sup>th</sup> Mar. Mass. St. Theresa's 9.30.am.  
**Patricia Okonkwo RIP**  
Thu 19<sup>th</sup> Mar. Stations of the Cross. Our Lady's. 9.30am.  
Thu. 19<sup>th</sup> Mar. Mass. Our Lady's 10.00am.  
**St Joseph**  
Fri. 20<sup>th</sup> Mar. No Mass.

**Obligatory collection next weekend for  
Clergy Assistance Fund**

**4<sup>th</sup> Sunday of Lent –Psalter week 4. Year A**

Sat. 21<sup>st</sup> Mar. Mass. St. Theresa's 6.00.pm.  
Sun. 22<sup>nd</sup> Mar. Mass. Our Lady's 9.00.am.  
Sun. 22<sup>nd</sup> Mar. Mass. St. Theresa's 10.30.am.  
Mon. 23<sup>rd</sup> Mar. Mass. St. Theresa's 9.30.am.  
Tue. 24<sup>th</sup> Mar. Mass St. Theresa's 9.30.am.  
Wed. 25<sup>th</sup> Mar. Stations of the Cross. St. Theresa's.9.00.am  
Wed. 25<sup>th</sup> Mar. Mass. St. Theresa's 9.30.am.  
**The Annunciation of the Lord**  
Thu 26<sup>th</sup> Mar. Stations of the Cross. Our Lady's. 9.30am.  
Thu. 26<sup>th</sup> Mar. Mass. Our Lady's 10.00am.  
Fri. 27<sup>th</sup> Mar. No Mass.

**Obligatory collection this weekend for  
Clergy Assistance Fund**

**+Please pray for the following members of our community who are ill or housebound:** Bella Calder, Claire Sorrell, Tony Wright, John Tobin, Christopher Brown, Peggy Crooke, Greg Borkowski, Jay Dosanjh, John Vidal, Clara Nolan, Eve Barry, Ray & Mary Templeman, Chris Phelan, Miss Fahim, Alaric Rosman and Mary Taylor. For all those in nursing homes or hospital and other Parish Family members who are ill or need our prayers.

**Pope Francis' Intentions Mar 2020**  
**Catholics in China**

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

**Pope's Tweets:** We ask the Lord today for the grace of not falling into indifference, the grace that all the information we have about human suffering might penetrate our hearts and move us to do something for others.

**Stations of the Cross**

During Lent there will be Stations of the Cross at 9.00am before Mass on Wednesdays at St Theresa's and at 9.30am on Thursdays at Our Lady's.

**Easter 2020 Mass times**

<b>Maundy Thursday</b>	Lyndhurst	6.30pm
	St Theresa's Totton	8.00pm
<b>Good Friday</b>	Lyndhurst	3.00pm
	St Theresa's Totton	3.00pm
<b>Holy Saturday</b>	St Theresa's Totton	7.00pm
<b>Easter Sunday</b>	Lyndhurst	9.00am
	St Theresa's Totton	10.30am

## **Coronavirus – Bishops’ conference guidelines**

1. We need to suspend distribution under both kinds (the host to be given on the hand only).
  - a. When giving communion in the hand seek to ensure you place the host in the hand of the recipient in such a way that you do not touch their hands.
2. Suspend the physical sign of peace
3. Remove holy water stoups
4. Public veneration of relics and the Cross on Good Friday should **NOT** be by kissing or physically touching them
5. Advise those most vulnerable (elderly, people with weakened immune systems and long-term conditions like cancer, diabetes and heart disease) to refrain from large parish gatherings and stay at home.
6. Cease use of shared hymn books and missals which could help transmit the virus
7. Ask everyone attending Mass to sanitise their hands as they come into church using sanitized gel dispensers (make these available in porches or entrances).
8. Ensure everyone maintains good hygiene especially at Mass and parish gatherings
  - a. The best way of protecting us from spread is still for everyone to use universal good hygiene, which will effectively disrupt spread of the virus.
    - i. Catch it – sneeze into a tissue
    - ii. Bin it – bin the tissue
    - iii. Kill it – wash your hands with soap and water
    - iv. Do not touch your face unless you’ve washed your hands
9. Ask anyone with cold or flu symptoms to refrain from attending liturgical, public events and not to attend the sacrament of reconciliation (Confession) if symptomatic (A person may just have an ordinary cold but it’s important to ensure a precautionary approach).
10. Ensure very regular cleaning of surfaces lots of people touch regularly (e.g. ideally clean door handles before and after every Mass)
11. Do not pass the collection plate around
12. Ensure ministers of the Eucharist sanitise their hands before and after distributing communion (we should be doing this anyway as a matter of course). This can be done by washing hands discreetly before proceeding to the sanctuary or using good quality hand gel discreetly.
  - a. Remember to use good hand washing and gel use technique.
13. When visiting parishioners at home, wash hands before giving the sacraments. No pastoral visits to people who are self-isolating until isolation ends. However, do offer phone support.
14. Visits to people in care homes or Hospitals should follow advice from the staff on infection control.

15. Suspend catering (teas, coffees etc) at large parish gatherings where multiple people touch mugs, utensils, biscuits etc.

## **Ideas for Lent**

Bishop Philip writes...During the season of Lent, the Church invites us by God’s grace to undertake three works that, we pray, will lead to our spiritual renewal, preparing us to celebrate Easter: works of (1) prayer; (2) fasting, mortification and self-denial; and (3) almsgiving and charity. What we do is of course our personal choice, as an offering to the Lord, but sometimes people struggle to think what might be best. Here are some suggestions which may help!

**1. Works of (daily) prayer:** attending Mass; saying part of the Rosary; making the Stations of the Cross; prayerfully reading the Gospel of the day; reading a daily meditation (online or from a book); reading a spiritual book (lives of the saints, prayer, aspect of faith); saying Morning Prayer or another part of the Divine Office.

**2. Works of fasting:** giving up tea, coffee, chocolate or alcohol; giving up a favourite biscuit, fruit, food or sugar in a drink; not snacking between meals; fasting on Fridays; cutting back using the computer, social media or watching TV.

**3. Works of charity:** assisting a parish charitable activity; visiting someone who is sick or elderly; volunteering when an appeal is made; saving money from a work of fasting and donating it to a good charitable cause; supporting CAFOD and Caritas; a work of ‘advocacy’ campaigning for a just cause (e.g. writing to an MP); random acts of kindness at school, work or in the home; giving up idle conversation.

## **Significant wedding Anniversaries**

Are you celebrating a 25th, 30th, 40th, 50th, 60th or anniversary over 60 years? If so, Bishop Philip would like to invite you to a Mass of celebration. This will take place at St Bede’s church in Basingstoke on **Saturday 13th June at 11am**. It is a wonderful occasion to celebrate and witness to Marriage. If you would like to come, please send an email to [anniversaries@portsmouthdiocese.org.uk](mailto:anniversaries@portsmouthdiocese.org.uk) for a form.

Please note this address is not monitored daily and you may have to wait for a reply, so please be patient. If you do not have access to the internet, please contact the Parish office, who will have the form you need to complete.

To help celebrate the occasion please could you provide a **COPY** of your Wedding photograph, which you can scan and send via email to above email address.