

Refreshments are available after 9am Sunday Mass in the St Bernard's hall. Thank you to the volunteers who facilitate this.



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## Waterside Parish NEWSLETTER

**Sunday 9<sup>th</sup> July 2023: 14<sup>th</sup> SUNDAY IN ORDINARY TIME**

**Sunday Mass: 9am at St Bernard's and 11am at St Michael's**

**Weekday Masses: Monday, Thursday, Friday and Saturday - 9am at St Michael's  
Wednesday – 9am at St Bernard's followed by Adoration and  
Grandparents' Group**

**Saturday 15<sup>th</sup> July: Icons of Mary at St Bernard's, 10am**

**Confessions: Saturday after 9am Mass (St Michael's)** "When you approach the confessional, know this, that I Myself am waiting there for you. I am only hidden by the priest, but I Myself act in your soul. Here the misery of the soul meets the God of mercy. Tell souls that from this fount of mercy souls draw graces solely with the vessel of trust. If their trust is great, there is no limit to My generosity." **Jesus to St Faustina**

Bishop Philip's Thought for the Week: "I urge you with all the strength of my soul to approach the Eucharist Table as often as possible. Feed on this Bread of the Angels from which you will draw the strength to fight inner struggles." (Bl. Pier Giorgio Frassati, Patron of our Diocesan Youth)

### Collections 2<sup>nd</sup> July 2023:

St Michael's £  
St Bernard's £  
Envelopes £  
Peter's Pence £

### Second collection

Today is Sea Sunday, with a message from Stella Maris: *Seafarers and fishers play a vital role in all of our lives, but they often work in difficult, hazardous conditions. In the last year, more crews have been abandoned by their employers than ever before. Many are still being denied the right to leave their ships for even a short break away from the relentless noise and pressure onboard. Many are reporting more stress and poorer mental health. Sea Sunday is when the Church prays for all those who live and work at sea. Your support will make a big difference to seafarers and fishers in need. You can donate in church, by visiting [www.stellamaris.org.uk/donate](http://www.stellamaris.org.uk/donate), or by texting 'SEA' to 70460 to donate £5. This collection is vital to enable Stella Maris (formerly called Apostleship of the Sea) to continue its important work - so please give generously. Thank you.*

### 100 Club

Congratulations to the winners in the July draw:	<b>1<sup>st</sup> prize</b>	<b>Louise Croll</b>	<b>£102.50</b>
	<b>2<sup>nd</sup> prize</b>	<b>Didier Raffray</b>	<b>£61.50</b>
	<b>3<sup>rd</sup> prize</b>	<b>Joan Neale</b>	<b>£41</b>

The next draw will take place on Sunday 6<sup>th</sup> August, after the 9am Mass at St Bernard's.

**We keep in our prayers the sick and housebound members of the parish:**

John Allen, Pauline Moore, Kathleen Ketley, Mike Slipper and Paola McCarthy

*Please note that a GDPR issue has been drawn to our attention. We must now have express permission from the sick person to name him or her in this section of the parish newsletter. If we don't have a signed Parish Registration Form, it will be very difficult to include the sick in this section of the newsletter.*

**We pray for the dear departed of the parish and for those whose anniversaries occur this week:**

9<sup>th</sup>: Charles Eade (1981) Herbert Sans (2010) Pauline Sharpley (2014)

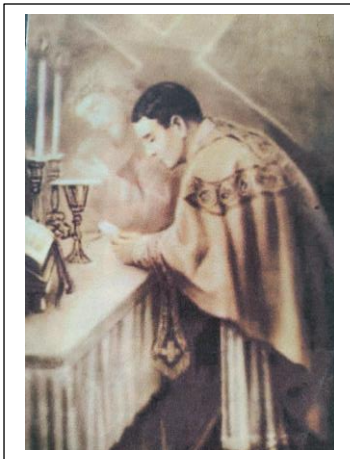
10<sup>th</sup>: Mary Cocking (2014)

11<sup>th</sup>: Norma Rud (2015)

13<sup>th</sup>: Slavomoin Kowalowski (1967) Keith Lee (1992)

15<sup>th</sup>: Iris Dominey (2019)

Pious tradition holds that Jesus promised St. Gertrude that a thousand souls would be released from purgatory each time the following prayer is said devoutly: "Eternal Father, I offer You the Most Precious Blood of Your Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen."



***Some thoughts on the immense value of the holy sacrifice we know as the Mass***

**Saint Thomas Aquinas taught that with the Holy Eucharist, the five senses fail.** Only faith can lift the veil and perceive the reality of Christ's presence and sacrifice.

Here are 5 quotes from saints upon which it may be useful to meditate as we prepare to meet Our Lord in the Eucharist today:

1. "The angels surround and help the priest when he is celebrating Mass." ~ St. Augustine
2. "If we really understood the Mass, we would die of joy." ~ Saint Jean Vianney
3. "My Son so loves those who assist at the Holy Sacrifice of the Mass that, if it were necessary, He would die for them as many times as they've heard Masses." Our Lady to Blessed Alan.
4. "There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us." ~ Saint Jean Vianney
5. "It would be easier for the world to survive without the sun than to do without Holy Mass." ~ St. Pio of Pietrelcina

[10 Quotes That Will Change the Way You Attend Holy Mass - Taylor Marshall](#)

*What does the Catechism of the Catholic Church teach us about the Eucharist?*

This is the current section featured in the Catechism in a Year - CCC 1322 to 1419. It is well worth meditating upon to remind, or perhaps teach, us of the immense gift we enjoy in this sacrament.



Don't forget the opportunity to join public recitation of the rosary at Hythe Promenade on Wednesdays at 1.30pm! This is part of the UK Prays organisation which says: "We pray the Rosary for cohesion and reconciliation in society, for peace, and true freedom. We pray for the people, for the rulers, and for the kingship of our Lord Jesus Christ in society. At the same time always for the freedom of the Church, for the clergy, for the bishops, for the Pope, and in reparation for the sins committed against God Almighty and His Holy Mother. In particular we pray for the Pope to consecrate Russia to Her Immaculate Heart as Our Lady requested in Fatima."

A brief note from Father Innaiah Maddineni, our incoming Parish Priest:

Born and raised in the State of Andhra Pradesh – South East of India and ordained in 1998. After 9 years of service in India Father arrived at St Peter's, Winchester, in 2007 with the kind invitation of Bishop Crispian and since he has ministered in Winchester, Thatcham, Totton, Lyndhurst and Portsmouth. Father Innaiah says he is grateful to Bishop Philip for sending him to the quiet pastures of Waterside. He is looking forward to meeting us in the second week of September, some of you may remember Father Innaiah and his Rough Collie while he was in Totton and Lyndhurst (2013 – 2018). Sadly Father Innaiah's handsome Rough Collie dog is not around anymore as he passed on 29<sup>th</sup> November 2019 after a short illness. Father Innaiah is happy to look after any of your dogs for a day or two while you are away for a short time! Father wishes us all a Glorious British Summer.

**From the Bishop's eNews:**

**Next Tuesday, 11th July**, is the Feastday of St. Benedict (480 – 547), the founder of Western monasticism and Patron of Europe. Born of a well-to-do family, Benedict spent his childhood in Nursia with his twin sister, St. Scholastica. He went to Rome to complete his education, but was appalled at the corruption, and eventually he fled the city. He realised he had a call to become a solitary, and so became a hermit in the mountains of Subiaco. To quench the temptations of the flesh, he developed some extreme practices, including rolling naked in thorns. His fame spread, and he was invited to become the abbot of a monastery in Vicovaro, but shortly afterwards the monks soon regretted this when faced with his strict rules, and it is said they tried to poison him. He returned to Subiaco, where he attracted many new followers. He organised them into a community of twelve small monasteries, emphasising prayer and manual labour. The monks as yet had no formal rule, but based their way of life on the example of Benedict himself. In 525, Benedict moved to Monte Cassino, where he demolished the pagan temple and began work on the great abbey that was to become the cradle of western monasticism. It was there, he completed the final version of his famous Rule, incorporating the traditions of some of the Eastern Fathers and his own sober, common sense, emphasising obedience, community life and moderation. The main duties of a Benedictine monk were prayer, reading and manual labour, and the Rule avoids excessive individual asceticism. The Rule proved itself to be a practical and flexible model for monasteries throughout the West. Benedict died at Monte Cassino in 547, traditionally in prayer, supported upright by his brethren before the altar, having received Holy Communion. He was buried at Monte Cassino next to Scholastica. In 1964, Pope St. Paul VI proclaimed him patron saint of Europe.

**Update on St Michael's Presbytery**

The St Michael's Presbytery has recently been recarpeted as the complete refurbishment programme moves closer towards completion. We are able to highly recommend Bob Greenaway Flooring, a local independent tradesman of 30 years' experience, if anyone is considering replacing the floor coverings in their home or another property.

Bob can be contacted on **07540 927 001**

*Sr Lucy OP shares news of a training day for Children's Liturgy leaders in Winchester, on **Saturday 22nd July:***

Join us for a day of free training in planning and delivering Children's Liturgy ministry, covering both the principles and practice of breaking open the Word of God with children on **Saturday 22nd July, 9am - 3pm** at St Peter and the Winchester Martyrs parish, Winchester. You can register [here](#). The day begins with Mass and please bring a packed lunch.

➤ You can follow Diocesan news on: Facebook: [@PortsmouthRC](#)

LinkedIn: [Catholic Diocese of Portsmouth](#)

Twitter: [@PortsmouthRC](#)

The Diocese website: <https://www.portsmouthdiocese.org.uk/>

## MASS READINGS FOR THE 14<sup>th</sup> SUNDAY IN ORDINARY TIME

### **First Reading: Zechariah 9:9-10**

The Lord says this:

Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.

**Responsorial Psalm:** I will bless your name for ever, O God my King.

### **Second Reading: Romans 8:9,11-13**

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you. So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

**Gospel Acclamation:** Alleluia, Alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!

### **Gospel: Matthew 11:25-30**

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him. 'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

### **Communion Antiphon: Matthew 11:28**

Come to me, all who labour and are burdened,  
and I will refresh you, says the Lord.