

CATHOLIC PARISHES OF LYMINGTON, BROCKENHURST & MILFORD-ON-SEA

Our Lady of Mercy & St Joseph
132 High St, Lymington, SO41 9AQ

St Anne
Rhinefield Rd, Brockenhurst, SO42 7SR

St Francis of Assisi
Park Lane, Milford-on-Sea, SO41 0PT

Parish Contacts:

Parish Office: Maryhouse, 132 High Street, Lymington SO41 9AQ. **Telephone:** 01590 676696. **Parish Priest:** Rev David Adams;

Parish Administrator: Lisa Thurston. **Email:** office@lymbrockmil.org.uk. **Website:** www.nfwp.org.uk; **Parish Blog:** www.lymrcchurch.blogspot.com. Our parishes are part of & belong to the: **Catholic Diocese of Portsmouth, Registered Charity No: 1199568.** **School:** Our Lady & St Joseph Catholic Primary School, Ramley Rd, Pennington, 01590 672711. **Exec. Head:** Gerida Montague. **Chairs of Parish Pastoral Councils:** Magdalen Chadborn, Lymington; Ian Holden, Brockenhurst; Roger Maughan, Milford on Sea. **Parish Safeguarding Representative:** Vanessa Dugdale (Lym); Henrietta Reynolds (Brock); Liz Price (Mil). **PA to Pastoral Co Ordinator & Health & Safety Co ordinator :** Linda Guilding; **For the Sacrament of the Sick or Holy Communion to the Sick or housebound:** Contact the parish office.

The Week: 12th August 2023 - 20th August 2023

DAY	DATE	CHURCH	TIME	SERVICE	LITURGY/CELEBRATION	INTENTION	P
SAT	12 th	OLMSJ	6.00pm	Mass	19 th Sunday of the Year A	People of the Parishes	DMA
SUN	13 th	St Francis	9.00am	Mass	19 th Sunday of the Year A	Hugh and Connie O'Neill RIP	DMA
SUN	13 th	OLMSJ	10.30am	Mass	19 th Sunday of the Year A	Harry Newenham RIP F/M	DMA
SUN	13 th	St Anne	1.00pm	Baptism	baby Emily Evelyn Pike	N/A	DMA
SUN	13 th	St Anne	6.00pm	Mass	19 th Sunday of the Year A	For baby Aurelia Volpe RIP & her family	DMA
MON	14 th	St Dominic	12 noon	Mass	St Maximilian Kolbe, Mem	as per celebrant	RS
TUE	15 th	St Francis	10.00am	Mass	Assumption of our Blessed Lady	For refugees & asylum seekers	DMA
TUE	15 th	OLMSJ	12 noon	Mass	Assumption of our Blessed Lady	For those who are unwell	DMA
WED	16 th	St Francis	10.00am	Mass	of the 19 th Week of the Year	For engaged couples	DMA
THU	17 th	St Anne	10.00am	Mass	of the 19 th Week of the Year	For d'ced of the Adams family	DMA
THU	17 th	OLMSJ	5.00pm	Rehearsal	Wedding Rehearsal	N/A	DMA
FRI	18 th	OLMSJ	12 noon	Wedding	Rosalie McCann & Daniel Baker	N/A	DMA
FRI	18 th	St Dominic	12 noon	Mass	at choice of the Community	as per celebrant	RS
SAT	19 th	St Dominic	12 noon	Mass	at choice of the Community	as per celebrant	RS
SAT	19 th	OLMSJ	6.00pm	Mass	20 th Sunday of the Year A	People of the Parishes	DMA
SUN	20 th	St Francis	9.00am	Mass	20 th Sunday of the Year A	For peace in Ukraine	DMA
SUN	20 th	OLMSJ	10.30am	Mass	20 th Sunday of the Year A	Flo Warrilow RIP Anniv	DMA
SUN	20 th	St Anne	6.00pm	Mass	20 th Sunday of the Year A	For those in need	DMA

Christ who is our Life (Col. 3:4) - The Hidden Gold

Buddhist meditation teacher Tara Brach describes our true nature as "loving awareness": If it helps we can imagine the following story involving a statue of Jesus.

Increasingly over the years, my trust in this loving awareness as the essence of who we all are has become a guiding light. No matter how wrong or lacking we may feel, how caught in separation, or how trapped by the messages, violations, and inequities of the society we live in, this basic goodness remains the essence of our Being.

A beautiful story holds within it this truth. During the mid-1950s in Bangkok, Thailand, a huge clay statue of the Buddha began to crack due to heat and drought. When some monks arrived to investigate, they shined a flashlight into the largest of the cracks. What they saw surprised everyone. Deep under the grey clay was the gleam of gold. No one had known that inside this popular but ordinary-looking statue was a solid-gold Buddha. As it turns out, the statue had been covered with plaster and clay six hundred years earlier to protect it from invading armies. Although all the monks who lived in the monastery at that time had been killed in the attack, the golden Buddha, its beauty and value covered over, had survived untouched.

Just as the monks disguised the beauty of the golden Buddha in order to protect it during dangerous times, we cover our own innate purity and goodness as we encounter a challenging world. As children many of us were criticized, ignored, misunderstood, or abused, leading us to doubt that gold within us. As we grow up, we increasingly internalize the judgments and values of our society, further losing touch with our innocence, our creativity, and our tender hearts. We cover over the gold as we seek the approval of others, looking to them to measure our worth—to determine whether we are good enough, smart enough, successful enough. Brach tells how the false self is developed and sustained, even as the True Self is indestructible:

Adding layer after layer to protect ourselves, we become identified with our coverings, believing ourselves to be separate, threatened, and deficient. Yet even when we cannot see the gold, the light and love of our true nature cannot be dimmed, tarnished, or erased. It calls to us daily through our longing for connection, our urge to understand reality, our delight in beauty, our natural desire to help others. Our deepest intuition is that there is something beyond our habitual story of a separate and isolated self: something vast, mysterious, and sacred...

Even though the gold of your true nature can get buried beneath fear, uncertainty, and confusion, the more you trust this loving presence as the truth of who you are, the more fully you will call it forth in yourself and in all those you touch. And in our communities, as we humans increasingly remember that gold, we'll treat each other and all beings with a growing reverence and love.

(taken from the Fr Richard Rohr, Daily Reflection for Friday, 11th August 2023)

St Francis, Milford-on-Sea

Anniversaries this week: Ursula Marie Edwarde (13th), William George Rickman (15th), Cyril Ffield, Enid Lilah Aylard (16th), Rosemary June Young (18th)

Sick & Housebound: Gretchen Nagle, Helen Lister, Lorraine Muir, Barbara Mills, Kath Randle, Di Mussert, Rita Ford, Canon Peter Wilkie, June Gow, Norah Sweeney, Sarah Bell.

Tea & Coffee Morning: the next one will be on Sunday, 20th August.

YET MORE URGENT REQUESTS FROM UKRAINE. Paracetamol tablets and womens sanitary hygiene products please. A box will be provided in the porch.

HOLIDAY AT HOME AUG 16TH —18TH MILFORD BAPTIST CHURCH: Three days of fun, gentle activities and crafts with daily light lunch and afternoon tea to round off proceedings on Friday afternoon. A time of companionship especially for seniors who find it difficult to journey away for a summer holiday and would appreciate a break from their normal routine without leaving Milford. Cost £5 a day. Details and booking forms are available in the church porch.

ROGER'S FUND-RAISING 650km CYCLE RIDE: Another year and another charity cycle ride in aid of street children in Zambia. This year I am cycling from Lusaka Zambia to Botswana some 650 kilometres so a bit further this year. Roger Maughan is fundraising for **Footprints Foundation for Children in Zambia**, and they would really appreciate your support. You can donate to their JustGiving page by clicking here: https://www.justgiving.com/fundraising/roger-maughan4?utm_source=Sharethis&utm_medium=fundraising&utm_content=roger-maughan4&utm_campaign=pfp-email&utm_term=b91cbdddaa4147c887b5e011484ccbd1. Donating through JustGiving is simple, fast and totally secure. Once you donate, they'll send your money directly to Footprints Foundation for Children in Zambia, so it's the most efficient way to give - saving time and cutting costs for the charity.

St Anne, Brockenhurst

Anniversaries this week: Winifred Lumley (17th), John Victor Syrett (19th)

Sick and Housebound: Please keep in your prayers: Fr David Quarmbly, Paddy Lark, Canon Peter Wilkie, Susan McCabe.

FEAST OF THE ASSUMPTION: There will NOT be a Mass at St Anne's for this holyday. Please go to St Francis (at 10am) or OLMSJ, Lymington at 12 noon or to the Dominican Priory at 12 noon.

FR QUARMBY - Fr David Quarmbly is now staying with the Sisters at Sway until we can get a stairlift installed at St Anne's. All being well there will be a Mass at St Anne's on Thursday morning at 10am. However, there is Mass every day at 12 noon at the Dominican priory in Sway.

FR CHARLIE: Fr Charlie, of the de Montfort missionaries, has written to thank us for the Donation of over £300 for his work in Malawi. He is on leave in this country at the moment and he will come and say the Mass at St Anne's on Sunday, 3rd September. He is looking forward to meeting everyone and wants to thank us for all the support we have given him.

A BIG THANK YOU: to Dawn Swarbrick, for hosting the Annual House Mass in her lovely home. She made everyone very welcome as did Ruby her cocker spaniel, though Dawn's two cats had better things to do! Thank you to Sarah Roch for ensuring that we had all the necessary liturgical items for the Mass. Over 18 parishioners participated and sang along with the hymns and parts of the Mass. A generous buffet was provided which everyone enjoyed very much.

CYCLE RACKS: Three of these have been installed on the paved patio area in the back garden and two rings have been fixed to the wall of the church on the car park side where you can also lock your bike. Happy cycling!

All Parishes

VOLUNTEERS URGENTLY NEEDED by **New Forest For Ukraine** at their Hub in Ampress Park in Lymington for help with sorting and packing stuff to go on their lorries to Ukraine. Both you women and men are very welcome for any time you can manage.

Please contact via the website: https://www.newforestforukraine.co.uk/get_involved

HOLIDAY FOODBANKS: Foodbanks usually see an increase in demand for emergency food for children during the summer holidays. Over a third of all food distributed by the foodbank network throughout the year goes to children, but there is extra financial pressure during the school holidays for families who rely on free school meals during term time, amounting to between £30 and £40 a week per child. **To do:** If you regularly donate to foodbanks, consider donating more in the school holidays. If you have never donated to a foodbank, now is a good time to start.

Our Lady & St Joseph, Lymington

Anniversaries this week: Elizabeth Julia Otton, Violet Loader, Monique Magdalene James, Mai Wilson (14th), Samantha Isabelle Cashen (15th), Adeline Cull (16th), Margaret Trodd, Eileen Stephanie Starks, John Francis Dunne (17th)

Sick and Housebound: Ron & Rita Barrett, Canon Peter Wilkie, John & Nicki Collins, Den Walker, Sean Dunn, Deacon Anthony Cairns, Simone Cluett.

LYMINGTON PPC: The next meeting of the Parish Pastoral Council will be on Thursday, 31st August at 7pm. If there are any issues you would like to be taken to that meeting please contact the parish office by email office@lymbrockmil.org.uk If time allows, we will add it to Any Other Business. If it requires further discussion, it may be put as an Agenda item for the next meeting. You will get a reply to update you either way.

CATHOLIC WOMENS LEAGUE (CWL): The next meeting of the CWL will be on Tuesday 12th September at 2.15 pm in the Parish room. Our speaker will be Veronica from CWL Southbourne speaking about the work of PACT. (Prison Advice and Care Trust). Members of the parish are welcome. Veronica will be speaking at about 3pm.

SATURDAY FUND-RAISING: Many thanks to our fund-raisers who raised the sum of £293.60 at the coffee morning on Saturday 29th July. Proceeds will go to sponsor two youngsters to summer camp with Fanning the Flame plus some extra. It was a really wonderful effort on behalf of the people of the parish. **Next coffee morning will be on Saturday 26th August from 9.30-1pm with proceeds to the Alison McGregor boat which gives boat trips for local organisations including our own Friendship Club.**

THANK YOU: The Sisters and the FTF summer camp team would like to thank Francis Walker and all the team of helpers for raising the magnificent sum of £293 at a recent coffee morning. This will enable two children to attend the camp from very deprived backgrounds. We have a full camp starting on 14th August. We have a young Ukrainian refugee living with a host family in this country. Please pray for fine weather and our 7 sisters who will be up in Kintbury with the team! Also here is the link for this week's video reflection. <https://www.youtube.com/watch?v=J8DtbtuyRJ8&t=47s>, God Bless Sr Veronica

BOARDERS GROUP (AT THE URC): 12.45-3pm; First Sunday of each month; Great company and a warm welcome! Board games, Card games, Jigsaw puzzles. Bring a packed lunch. Tea and coffee provided. United Reformed Church, High St, Lymington, www.lymurc.org.uk 01590 676306.

BUILDING FUND UPDATE: Total in bank as at: 11/08/23: £257,217.58 This includes GAYL contributions.

All Parishes

CHECK OUR WEBSITE: www.nfwp.org.uk for resources to support us in our faith and in our care of one another.

MANDATORY SAFEGUARDING TRAINING - CALLING ALL THOSE WHO ARE CATECHISTS, EUCHARISTIC MINISTERS WHO TAKE COMMUNION TO THE SICK AND HOUSEBOUND, OR ALL THOSE WHO VISIT THE SICK AND HOUSEBOUND ON BEHALF OF THE PARISH: You need to do your Safeguarding Training. The training has to be completed every 2 years and is mandatory. The training will be at Joseph's Place on Saturday 16th September from 10am to 3pm. **TO BOOK A PLACE** email safeguarding@portsmouthdiocese.org.uk not the Parish office. Even if you've already contacted us at the parish office, **PLEASE DO EMAIL SAFEGUARDING SEPARATELY AS ABOVE.**

A REMINDER FOR READERS, EM'S AND INFO FOR WELCOMERS: Sometimes on your way to Mass you can encounter unforeseen delays. This is very frustrating. You know you won't be able to contact anyone to let them know as their phones will be on silent in church. We understand that this situation can make you anxious. To help ease this anxiety, some time ago we decided that if an EM or Reader is not present 15mins before Mass the Welcomer on duty will ask another Reader or EM to stand in. This gives the Reader in particular a short while to prepare- to check the Missal is in the correct place, that the microphone is on & to enable them to prepare the Readings for the day.

Please note: If the original Reader or EM turns up near to the time Mass is starting and *after* the replacement has been asked, then the *original* Reader/EM will be asked to stand down and the replacement Reader/EM will continue to take your place. Please do not be offended by this.

ALSO, if in advance when you get your rota you find you cannot fulfil your duty as a EM or Reader on a particular day **and you have asked someone to swap your duty with you** (which is different from the above scenario) it is important that when *they* arrive at Mass (15 mins before Mass starts) they let the Welcomers know straight away. This will prevent the Welcomers approaching someone else and asking them to stand in. Thank you.

SR VERONICA'S WEEKLY REFLECTION: Welcome to this week's reflection. Jesus our Saviour is always at our side throughout our life especially in the storms of our life. <https://www.youtube.com/watch?v=c7Zm3HKJQo4> God Bless Sr Veronica OP